

CPRI MISSION

Our **mission** is to enhance the quality of life of children and youth with complex mental health or developmental challenges and to assist their families so these children and youth can reach their full potential.

CATCHMENT AREA

CPRI provides services to the Counties of Brant, Bruce, Grey, Elgin, Essex, Haldimand-Norfolk, Hamilton-Wentworth, Huron, Kent, Lambton, Middlesex, Niagara, Oxford, Perth, Waterloo, and Wellington.

ELIGIBILITY

'Brake Shop' clients will be children/youth **age 6 to 18** experiencing severe behavioural concerns or Intermittent Explosive Disorder ('rage') with **a diagnosed or suspected tic disorder**. These children/youth may or may not present with complex combinations of disinhibition disorders (diagnosed or suspected), including...

- ...**Tourette Syndrome** ('leaky brakes' in charge of regulating movements and sounds),

- ...**Obsessive-Compulsive Disorder** ('leaky brakes' in charge of regulating thoughts),
- ...**Attention-Deficit/Hyperactivity Disorder** ('leaky brakes' in charge of regulating attention and/or energy and impulses),
- ...**sensory processing dysfunction** ('leaky brakes' in charge of regulating sensitivity to sight, smell, sound, taste, or touch).

MENU OF "BRAKE SHOP" SERVICES

CPRI co-ordinates with guardians, schools, and local community mental health professionals to provide the following services:

- Services are provided on an **outpatient basis** only, and are designed to treat only tics and symptoms of TS, OCD, ADHD, ODD, IED and sensory progressing dysfunction. **Services required for other issues will be redirected.**

The All-Points Check (Assessment)

- We 'look under the hood' together to inspect many parts about yourself to see where some of your 'leaky brakes' might be located.

Brake Adjustment (Treatment)

- By doing a '**Brake Job**', we could work together on strengthening your brakes so you will be able to stop yourself better.
- Through '**Driver Training**', you can learn strategies and techniques for adjusting to the way your brain works, and for adjusting your behaviour so that you don't get into trouble anymore.
- Groups will be offered when feasible. These time limited weekly **treatment groups** (requiring participation of both the child and parent) are offered in the following areas:

- Exposure & Response Prevention (OCD)
- self-management
- sensory processing
- social communication
- tic management

Driving Away (Outcome)

To keep brakes running well and to make sure there aren't any more breakdowns, follow up services include:

- **Maintenance Checks** (follow-up calls and consultations).
- **Tune-Ups** (return 'booster' sessions) will be scheduled.

"For When It's Hard To Stop"

A Quick Peek Under the Car (Consultation)

Maybe you or someone else just has some questions to ask: finding out the answers to those questions, or getting some stuff to read or watch or listen to will make your life a whole lot better. Consultations can be either client or consultee-focused, **do not involve client care**, and are provided to families, primary/secondary care facilities, schools, and professionals (physicians, psychologists, other mental health professionals).

Learning About Leaky Brakes (Education/Training)

To inquire about any of the following educational training, call (519) 858-2774, ext. 2025 or download booking forms from our website. **No referral is required for education.**

- 'Leaky Brakes' are hard to understand, and so it is important to teach people all about them. Then everyone knows who you are and how you work best. This can be done through:
 - Presentations for the school staff, extended family or others
 - 'Leaky Brakes 101' course offered to clients, families, educators, clinicians and the general public
 - Peer in-services offered within school
 - Training workshops for primary/secondary care facilities (which can serve as a precursor to adoption of clinic materials and ongoing guidance in their implementation).

REFERRALS

- Referrals are made directly to CPRI's central intake office (Extension 2024).
- Referrals are **accepted from any source** including parents, physicians, psychologists, schools or social service agencies.
- CPRI is **not** a core service; **the Brake Shop will provide services to the children/youth and their families with the highest needs.**

Should you wish to express your appreciation for the worth of this program, you may do so by making a donation to VOCPRI, Volunteer Organization of CPRI (Registered Charitable Organization License #89249 7249 RPR0001). For further information, please contact Volunteer Services at (519) 858-2774, ext. 2074 or visit our website.

Studying Leaky Brakes (Research)

Research looking at new ways of assessing, diagnosing, and treating these disorders will be ongoing. Volunteers for studies will be gratefully accepted. Call extension 2344 or visit our website.

Now "Let's Give 'Em A Brake", and get these kids into the Shop!



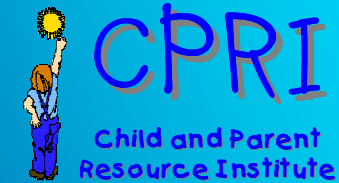
This and other materials can be found on our website:

www.cpri.ca
(Click on "Clinics")



"For When It's Hard To Stop"

Ministry of
Children and Youth Services



THE CPRI BRAKE SHOP Service for Tourette Syndrome & Associated Disorders

600 Sanatorium Road
London, ON N6H 3W7
(519) 858-2774

Clinic Secretary: ext. 2025
Intake: ext. 2024

February 2007

